

Neurology

Absent ankle jerks but extensor plantars

Subacute combined degeneration of the cord
Conus Medullaris
Motor Neurone disease
Tabes dorsalis
Fredreich's Ataxia
Diabetic neuropathy

Sex can make the Fat ankles Dorsiflex

Altered Mental State

Alcohol (drugs), Endocrine, Insulin, Opiates, Uremia
Toxins / trauma / tumour, Infections, Psychosis / Porphyria, SOL / stroke / seizure / shock

AEIOU TIPS

Cerebellar signs

Vertigo, Ataxia, Nystagmus, Intention tremor, Slurred speech, Hypotonia
Dysdiadokokinesia, Dysmetria, Titubation

VANISH DDT

or
Past-pointing, Intention tremor, Nystagmus, Ataxia, Rebound, Dysdiad, Slurred Speech

PINARDS

Confusion

Drugs / Dehydration, Infection, Metabolic / MI,
Fracture / Failure, Alcohol / Anaemia, CVA, Electrolyte disturbances, S.O.L.

DIM FACES

Dystrophia Myotonica

Balding (frontal), Intellectual impairment, Glucose intolerance
Cataracts / Cardiomyopathy, Handshake / Hyporeflexia, ↓IgG, Ptosis, Small gonads

BIG CHIPS

Mononeuritis Multiplex

DM, RA, AIDS, Wegeners
Carcinomatosis / Churg-Strass, Leprosy, Amyloid, PAN, SLE

DRAW CLAPS

Multiple sclerosis

Cerebellar signs, UMNL, Retrobulbar neuritis, Spastic paraparesis, Euphoria
Dementia / Depression / Diplopia
Horners, Incontinence, Vertigo / Vomiting

CURSED HIV

Muscles supplied by Median Nerve

Lumbricales, Opp pollicus, Abd pollicus, Flex pollicus brevis

LOAF

Neuropathic Ulcers

Tabes Dorsalis, Alcohol, DM, Syringomyelia

TADS

Parkinsons

Pill rolling, akinesia, rigidity, kyphosis, instability, neck titubation, shuffling gait,
oculogyric crisis, nose tap (glabellar), small writing

PARKINSONS

Peripheral neuropathy

DANG THE PAPIST

DM, Alcohol, Nutrition (B1, B2, B12), Guillian Barre
Trauma, Hereditary, Environmental (lead, drugs)
Paraneoplastic, Amyloid, Porphyria, Inflammatory, Syphilis, Tumours of nerves (HMSN)

Polyneuropathy

VITAMINS

Vit def / vasculitides, infection (TB, leprosy, syphilis, polio)
Toxins (amiodarone, antiseptics, INH, lead, metronidazole, phenytoin, vincristine)
Amyloid, Metabolic (alcohol, DM, ↑thyroid, porphyria, liver & renal failure),
Idiopathic / Inherited, Neoplasm, Systemic (SLE, PAN, multiple myeloma)

Pontine Haemorrhages

3Ps

Paralysis, Pin-point pupils, Pyrexia

Premature senile dementia

DEEP SHIT

Deficiency B12, Epilepsy, Endocrine (myxoedema), Parkinsonism
Syphilis (GPI), Huntingtons, Injury, Tumour

Proximal Myopathy

PD HEN

Polymyositis, Dermatomyositis, Hereditary Muscular Dystrophies,
Endocrine (DM, Cushings, Osteomalacia, Thyrotoxicosis - DM COT), Neuropathy

Pupils:

Small

HAPPY

Horners, Argyll-Robertson, Pontine haemorrhage, Pilocarpine, Happy (morphine)

Argyll Robertson

SADE (accommodates but doesn't react – c.f. prostitute)

Syphilis, Alcohol, DM, Encephalitis

Small muscle wasting

MARS BAR

MND / Myopathies, Apical tumours, RA, Syringomyelia
Brachial Plexus injuries, Ageing, cervical Rib

Syncope

HEAD, HEART & VESS'LS

Hypoglycaemia / hypoxia, epilepsy, anxiety, drop attack (brain stem Dysfunction - TIA)
Heart attack, embolism, aortic obstruction (stenosis, myxoma, IHSS), rhythm, tachy - VT
Vasovagal, ectopic preg, situational (on the crapper), subclavian steal, low SVR
(anaphylaxis, shock, DIC), Sick sinus syndrome

Wernickes and Korsakoffs

CANON

Confusion, Ataxia, Nystagmus, Ocular palsy, Neuritis

Pes Cavus

Disease Can Shorten The Foot

DM, Charcot Marie Tooth, Syringomyelia, Tabes dorsalis, Fredreich's Ataxia