

Radiology

Mediastinal Mass

Anterior

4Ts

Thyroid, Thymoma, Teratoma, Terrible lymphoma

Middle

HABIT5

Hernia / haematoma, aneurysm, bronchogenic Ca / duplication cyst, inflammation (sarcoid, histio, coccidio, TB), Tumour 5 – lung, lymphoma, leukaemia, leiomyoma, lymph nodes

Radio-opaque ingestants

CHIPES

Cocaine condoms / chloral hydrate / calcium, heavy metals, iron / iodides, psychotropics (TCADs, phenothiazines), enteric coated Ba, Solvents (CCl₄)

Respiratory

Acute Asthma

NOAH

Nebulisers, Oxygen, Antibiotics / Aminophylline, Hydrocortisone

Asthma Triggers

ASTHMAD

Allergens, Stress/Sports, Temp, Hereditary, Microbiology, Anxiety, Drugs

Chronic cough, non-smoker, normal CXR

HARD

Heart failure (MS), Asthma, reflux (GORD), drip / drugs

Cryptogenic Fibrosing Alveolitis

5Cs

Clubbing, Cyanosis, Crackles, Cough, Corticosteroids

Fibrosis

Upper lobe

CHARTS

Coal workers pneumoconiosis (PMF), Histiocytosis X, Ank spon / ABPA, Radiation, TB, Silicosis (PMF) / Sarcoidosis

Lower lobe

RASIO

RA, Asbestosis, Scleroderma, Idiopathic fibrosing alveolitis, Other (drugs – Amiodarone, busulphan, bleomycin, hydralazine, MTX, nitrofurantoin)

Lung abscess

SOAP

Spread (hepatic, subphrenic) / Septic emboli, Obstruction (FB, tumour), Aspiration (alcohol, bulbar palsy, achalasia, CVA), pulmonary infarct / pneumonia

Pleural effusions

Exudative

PINTARS

Pneumonia / Pancreatitis, Infarction, Neoplasm, TB/ Trauma, Abscess, RA,
Systemic stuff (SLE, Sarcoid, Systemic sclerosis)

Transudative

CHARM (All the failures - heart, liver, renal etc.)

Carditis, Hypothyroid, Hypo-Albuminaemia, Renal, Meigs / Malabsorption

Pneumothorax

ST PATS FC

Spontaneous / Sport, Trauma

Pneumonia, Positive Ventilation, Abscess/ Asthma/ Ascend (in aeroplane), TB, Sarcoid

Fibrosing Alveolitis, Carcinoma / COAD / CF

Pulmonary Oedema, non-cardiac

PONS

Phosgene / paraquat / phenothiazines, opioids / organophosphates, Nitrous dioxide,
salicylate

Signs & Symptoms

Chills & Rigors

CAMP

Cholangitis, Abscess, Malaria / Meningitis, Pylonephritis / Pneumonia

Itch, Non-dermatological causes of

DULL JAM

DM, Uraemia, Lymphoma, Leukaemia

Jaundice, Anaemia, Myxoedema

Non-pitting lower limb oedema

MI CHAM

Milroys, infection (filariasis), Congenital, Hypothyroid, Allergy, Malignancy

Shock

HEN SCAM

Hypovolaemia, Endocrine (adrenal, thyroid), Neuropathic (autonomic)

Spinal cord injury/ Sepsis, Cardiac, anaphylaxis/ anaesthesia, anti HPT, Massive PE